MENTAL HEALTH AND SUBSTANCE USE DISORDER PARITY v2.1

CORE PARITY STANDARDS
STANDARD 1.0: Business Requirements
  1.1: Parity Governance
  1.2: Written Agreements & Benefit Documents
  1.3: Delegation Policy
STANDARD 2.0: Personnel
  2.1: Leadership
  2.2: Clinical Oversight
  2.3: Training
STANDARD 3.0: Parity Compliance
  3.1: Parity Compliance Program
  3.2: Parity Compliance Activities
  3.3: Parity Violations

BENEFIT EQUITY STANDARDS
STANDARD 4.0: Annual/Lifetime Dollar Limits
STANDARD 5.0: Benefit Identification and Classification

FINANCIAL AND QUANTITATIVE PARITY STANDARDS
STANDARD 6.0: Financial Requirements
  6.2: Quantitative Parity Test Part II: “Substantially All” Test
  6.3: Quantitative Parity Test Part III: “Predominant” Test
  6.4: Policies and Procedures
STANDARD 7.0: Quantitative Treatment Limitations (QTLs) Requirements
  7.1: Quantitative Parity Test Part I: Identification of QTLs and Calculation of the Predominant Level
  7.2: Quantitative Parity Test Part II: “Substantially All” Test
  7.3: Quantitative Parity Test Part III: “Predominant” Test
  7.4: Policies and Procedures

NONQUANTITATIVE TREATMENT LIMITATIONS (NQTLs) STANDARDS
STANDARD 8.0: Identification of Nonquantitative Treatment Limitations (NQTLs)
  8.1: Identification of NQTLs
  8.2: NQTL Detailed Analyses
  8.3: Policies and Procedures
STANDARD 9.0: Comparative Analysis “As Written”
  9.1: NQTL “As Written” Process
  9.2: Identification of the Factors Considered in Whether or Not to Apply an NQTL
  9.3: Identification of the Factors Considered in the Design of the NQTL
  9.4: Definition of Factors
STANDARD 10.0: Comparative Analyses “in Operation”
  10.1: NQTL “in Operation” Process
  10.2: Operational Audits
  10.3: Operations Measures
  10.4: Documentation NQTL “in Operation” Process

DISCLOSURE STANDARDS
STANDARD 11.0: Disclosure of Medical Necessity Criteria
STANDARD 12.0: Disclosure of Denial Reasons
STANDARD 13.0: Disclosure of Parity Compliance Analyses for ERISA TPA Applicants
  13.1: General Compliance Analyses Requirements
  13.2: NQTL Compliance Analyses Requirements

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