



# PARITY COMPLIANCE ROADMAP

The URAC Mental Health/Substance Use Disorder Parity Accreditation Program is comprised of three components:

## Compliance Guide

- Summarizes key regulations under the Mental Health Parity and Addiction Equity Act (MHPAEA)
- Provides practical guidance on how to ensure compliance

## ParityManager™

- Identifies and classifies covered benefits
- Creates a framework for quantitative testing of financial requirements and quantitative treatment limits (QTLs)
- Collects and organizes data necessary to perform comparability and stringency testing for nonquantitative treatment limits (NQTLs)
- Automatically identifies a wide range of per se parity violations
- Generates feedback loops, reports and analysis to guide parity compliance optimization

## URAC MH/SUD Parity Accreditation

- Establishes nation's first accreditation standards for health insurers and health benefits administrators to assess MHPAEA compliance processes
- Provides a navigational road map to help organizations implement strategies that support compliance with MHPAEA and related state laws
- Utilizes ParityManager™ and its reporting function to gather information used when making an accreditation decision
- Includes desktop review of select health plans to ensure standards are met
- Requires onsite review to confirm compliance
- Awards URAC accreditation seal and recognition upon successful completion